

# Prevent *Antimicrobial resistance*



Take antimicrobial medicines only when prescribed.



Use antimicrobial as directed by your healthcare professional.



Do not skip doses as prescribed by your treating physician to preserve the effectiveness of the medicine.



Do not save antimicrobials for the next time you get sick.



Complete your full course of prescribed treatment even if you feel better.



Never take a medicine prescribed for someone else.



Do not take antibiotics for a virus, they are only effective for infections caused by bacteria.



**The greatest gift you can give yourself  
and your loved ones is a healthy you.**

Learn more about infectious diseases to  
take better decisions.

This content is for informational purposes only, and is not intended to be  
a substitute for professional medical advice, diagnosis or treatment.  
If you have questions about your medical condition or treatment, always  
seek advice of your physician or other qualified healthcare professional.